

# TIPS, TOOLS, AND GUERRILLA WARFARE

"Raising kids is part joy and part guerrilla warfare." -Ed Asner

Tips for Parents	Free Tools
<p><b>1. It Is ALL About Relationship.</b></p> <p>Make them the enemy and you will lose precious opportunities to mentor and guide, heal and teach. Strengthen and protect your relationship while setting firm, consistent limits. We must first do the hard work of building trust and relationship so that young people are open in ways that allow us to teach and direct.</p> <p><b>Highly recommended:</b> Dr. Neufeld and Dr. Mate's book, <i>Hold On To Your Kids</i>. Grab an inexpensive used copy off Amazon.com or download any of his audio files at</p> <p><a href="http://neufeldinstitute.com/">http://neufeldinstitute.com/</a> [go to PRODUCTS]</p> <p>Also, check out Dr. Neufeld's blog at</p> <p><a href="http://blog.neufeldinstitute.com/">http://blog.neufeldinstitute.com/</a></p>	<p>Go to <a href="http://www.PODLS.com">www.PODLS.com</a> and search for <b>7 Conversations</b> to download the eBook: <b>7 Conversations Every Child Needs to Have With An Adult They Respect</b>.</p> <p>The code is <b>getfreetools1</b>. It is a large eBook, so wait for it to download.</p>
<p><b>2. Respond to misbehaviors with the 3-Step EZ BUTTON, not with anger, shock, sarcasm, or guilt-trips.</b></p> <p>Within YOUR response lies the power to teach OR tear down, heal OR humiliate. Look beyond the technology abuse to the child's deep need for direction and understanding.</p> <p>Remain neutral and give <b>consequences</b> the next day. Check out <a href="http://www.DisciplineHelp.com">www.DisciplineHelp.com</a>. Also, check out the fantastic FREE RESOURCES under the PARENTS tab at <a href="http://www.LoveandLogic.com">www.LoveandLogic.com</a>.</p>	<p>Go to <a href="http://www.PODLS.com">www.PODLS.com</a> and search for <b>EZ Button</b>.</p> <p>Dr. Phil's <a href="http://tinyurl.com/6rulesoftalking">6 Rules of Talking and Listening</a> (Older Kids) Go to: <a href="http://tinyurl.com/6rulesoftalking">http://tinyurl.com/6rulesoftalking</a></p> <p>Dr. Sear's <a href="http://tinyurl.com/25waysToTalk">25 Ways to Talk So Children Will Listen</a> (Younger Kids) Go to: <a href="http://tinyurl.com/25waysToTalk">http://tinyurl.com/25waysToTalk</a></p>
<p><b>3. Reassume your authority as mentor and guide in a technology-rich world.</b></p> <p>Send this message to the children: "You may know more than I do about technology, but I KNOW MORE about life and the consequences of your actions. I am responsible for you and that's the most important job I will ever have."</p>	<p>Go to <a href="http://www.PODLS.com">www.PODLS.com</a> and search for <b>7 Conversations</b> to download the eBook: <b>7 Conversations Every Child Needs to Have With An Adult They Respect</b>. These scripts offer concrete ideas for reassuming your authority in an online world.</p> <p>The code is <b>getfreetools1</b>. It is a large eBook, so wait for it to download.</p>
<p><b>4. Don't let them BULLY you into submission with the "T Bomb" and the "E Bomb."</b></p> <p>"You don't TRUST me. If you really trusted me, you wouldn't _____."</p> <p>"EVERYBODY else can _____. Why can't I?!!"</p>	<p>Kids everywhere want to know WHY something is bad for them.</p> <p>The scripts in "<b>7 Conversations Every Child Needs to Have With An Adult They Respect</b>" can help you to explain why. Search for it at <a href="http://www.PODLS.com">www.PODLS.com</a>. The code is <b>getfreetools1</b>.</p>

<p><b>5. Protection vs. Privacy: Should one lose out? There is NO such thing as PRIVACY online.</b></p> <p>Hold them accountable for their use of the technology. This is not about spying. You are screening for potential problems and making preparations to address any serious issues your child may be facing. It is imperative that you handle monitoring in a loving and supportive manner.</p> <p>Has there been a sudden change in your child's behavior? Is your child connecting with peers who show obvious signs of poor judgement and substance abuse? Are they engaging in high-risk behaviors that if left untreated could have devastating effects? <b>[If so, you need to install monitoring software ASAP.]</b></p> <p>To the Child: <i>"When you are handed a cell phone or other digital mobile device, you are given a world of responsibility that is both portable and private. It is a powerful communication tool that we know can be used irresponsibly by anyone. I care deeply about you, your future, and your safety. [I paid for it and] I hold you accountable when using it. I plan to monitor your use of the equipment."</i></p>	<p>Go to <a href="http://www.PCMag.com">www.PCMag.com</a> and select SECURITY. Next, look for <b>PARENTAL CONTROL AND MONITORING</b>.</p> <p>Look at the left side of the screen under YOUR SEARCH and make sure you select the highest EDITOR RATINGS. <b>[4.5 red dots]</b></p> <p>After clicking the button with 4.5 red dots, you will see 8 incredible programs for tracking all of your child's activity on Facebook, Twitter, mobile phones, and more.</p> <p>Two FREE <i>[but less powerful]</i> alternatives to consider are <a href="https://onlinefamily.norton.com">https://onlinefamily.norton.com</a> and K9 Web Protection, at <a href="http://www1.k9webprotection.com">www1.k9webprotection.com</a>.</p>
<p><b>6. Set limits on access to technology devices.</b></p> <p><i>Example: The whole family powers down at ____PM every night.</i></p> <p>Kids are losing more than sleep these days. Sleep-deprived brains perform 40% worse and memory networks fail because sleep is needed to clear the brain's short-term memory storage &amp; make room for new information. Sleep disorders can impair children's IQ as much as lead exposure.</p> <p><i>"I understand that you cannot imagine turning off your phone and missing a text or a post, but I love you too much to let you take the cell phone to bed. Your growing body needs rest so that you can be at your best the next day."</i></p>	<p>Go to <a href="http://www.PODLS.com">www.PODLS.com</a> and search for <b>"Your Brain and Sleep."</b></p> <p>For GREAT tips on setting limits, go to: <a href="http://www.NetSmartz.org">www.NetSmartz.org</a> and find: CHOOSE AN ISSUE.</p> <p><a href="http://www.common sense media.org/">www.common sense media.org/</a> and find the section named ADVICE.</p>
<p><b>7. Secure your home computer with 2 simple steps.</b></p> <p>You'll learn which security software is best, how to protect your cellphone from hackers, how to create strong passwords, and more.</p>	<p>Go to <a href="http://www.PODLS.com">www.PODLS.com</a> and search for <b>"Secure Your Home Computer."</b></p>
<p><b>8. There is no such thing as STRANGER DANGER.</b></p> <p>The most powerful weapon a predator uses to groom the child is to establish a trusting relationship and to drive a wedge between the victim and the victim's caregivers. Predators DO NOT act like strangers or criminals. Your child needs to know how to SPOT a predator or an offender.</p>	<p>See pages 16-17 of the eBook, <b>7 Conversations Every Child Needs to Have With An Adult They Respect</b>. Go to <a href="http://www.PODLS.com">www.PODLS.com</a> to search for it. CODE: <b>getfreetools1</b>.</p>
<p><b>9. Send the message: "Don't Get HAD; Get MAD!"</b></p> <p><i>"People who put inappropriate material online or use slick advertising schemes to take your money think that you are too young and inexperienced to realize what they're doing. They don't care about you, your future, or your emotional health. It's time for people your age to stand up and show them who is in control of technology."</i></p>	<p>See a list of tricks &amp; scams on pages 9-11 of <b>7 Conversations Every Child Needs to Have With An Adult They Respect</b>. Search for the eBook at <a href="http://www.PODLS.com">www.PODLS.com</a>. The code is <b>getfreetools1</b>.</p>